



Second choice always available
 No salad bar on Wednesdays
 Wednesdays are peanut-free
 Menu subject to change

HCS-AUGUST/SEPTEMBER 2011

			8/31	1	2
	Our sandwich bread is baked for us by Abigail's Bakery in Weare, NH		Stuffed crust pizza Veggies Fruit	Chicken nuggets Baked fries Veggies Fruit	Cheese Toasties Tomato soup Veggies Fruit
5	BRUNCH Bagels & cream cheese Cereal Yogurt Fruit or juice	6	7	8	9
LABOR DAY NO SCHOOL			Round cheese pizza Salad Fruit	Spaghetti & meatballs Veggies Jello	Ham & cheese sandwiches Pasta salad Fruit
12	13	14	15	16	
Hot dogs on rolls Baked beans Veggies Fruit	Chicken picnic Crispy baked chicken Veggies Biscuit Fruit	French bread pizza Veggies Fruit	Baked potato bar with assorted toppings Whole grain roll Pudding	Pizzadillas (Quesadillas w/ cheese pepperoni & marina sauce) Veggies Fruit	
19	20	21	22	23	
Popcorn fish Tater tots Veggies Fruit	Chicken fajitas Rice Veggies Fruit	Stuffed crust pizza Veggies Fruit	Spaghetti w/ meat or marinara sauce Veggies Apple crisp	TEACHER WORKSHOP DAY NO SCHOOL FOR STUDENTS	
26	27	28	29	30	
Hamburgers on rolls Veggies Fruit	Meatball subs Veggies Fruit	Round cheese pizza Salad Fruit	Macaroni & cheese Broccoli salad Jello	Egg or tuna salad rolls Very veggie soup Fruit	